

Activities Unlimited

Volume XXIX Issue X

OCTOBER, 2015

DUE TO TECHNICAL PROBLEMS, THE OCTOBER ISSUE WILL NOT APPEAR AS NORMAL AND MAY BE SHORTENED. THE PROBLEMS SHOULD BE RESOLVED BY THE NOVEMBER NEWSLETTER.

AU General Meeting

October 13, 2015

The Activities Unlimited October Breakfast, on October 13th, at the Brick House will feature Robert W. Hagaman as our guest speaker. Bob is President and Chief Executive Officer of the Hagaman Insurance Group Inc. & The Medicare Insurance Store. The group was started in January of 2000, and is licensed in all 50 states. He has been recognized for his achievements by several top rated insurance companies.

Bob is not a stranger to AU. Last year he gave a similar presentation to our Public Discussion Group. Everyone believed it was very informative, and something that should be shared with all our members.

He will discuss Medicare Supplemental Plans, Medicare Advantage Plans, and Prescription Drug Plans. Every year there are changes to these plans, and their costs. Bob will help us better understand these changes, so we can make intelligent decisions regarding our own personal policies.

Be prepared with your questions because a Q&A session will follow.

Please contact George Lewis (201-891-5883) if you have any questions before hand

RAMON'S REFLECTIONS

A post vacation time reflection (hopefully yours was restful and enjoyable) reminds us that the ability of AU to meet the social and recreational needs of its members rests almost completely on our twenty some club/activities. It is therefore appropriate to consider two elements of this need; the first being that each of these club/activities function as well as they do because of the many dedicated chairs who work diligently to make arrangements, plan meetings and attend to numerous details. Many of these dedicated chairmen have served for multiple years although it is not realistic to expect that any one member will serve continuously. Other members should be expected to take on these positions, if we are to continue to provide the environment for fellowship and meaningful activities. In addition new leadership usually produces new ideas, so we encourage membership participation and willingness to take on leadership roles.

The second element concerns the mandate to join one of these club/activities. We have therefore started an imitative to encourage new members' participation through a lunch time meeting program (before our General Meeting) where club/activities information is disseminated and new members are encouraged to ask questions. Excellent attendance to date is very encouraging; kudos to those who have so participated.

Hopefully these reflections will result in our theme message, with which I leave you today; HAPPY TRAILS, until we meet again.

At the September meeting, \$196.00 was collected for the food pantry.

HISTORIAN – We are asking if one of our members would join Dom Manobianco as a Co-chairman for the Historian. This will assure continuity in preserving AU History. Dom could use some help and will explain what is involved. Call him at 201-891-7185 or send him e-mail to dommanobianco@verizon.net.

Duplicate Bridge Results

	1st	2nd	3rd
9/2 NS	Gattoni/Spence	Hulit/Mahmarian	Riccardi/Wiest
EW 9/9 NS	MacDougal/Yampell Lewis/Riccardi	Boylan/Desrosiers Gattoni/Meloro	Anand/Freimuth Milcos/Yampell
EW 9/16 NS	Freimuth/Mahmarian Mahmarian/Detrick	Gilpatrick/Wong Boylan/Cheringal	Boylan/Wiest Page/Wiest
EW	Zelhof/Foley	Desrosiers/Rolf Warner/Yampell	----

DISCUSSION GROUP

This month's Discussion Group turnout was not impressive, but the interest and exchange of ideas was as always informative and educational. If you would like to read the report, go to Aus website:

www.activitiesunlimited.org

Thank You.

Welcome New Members

Name (Spouse)	Address	Employment	Interests	Phone/Email
Fred Cicetti (Gale)	10 Jeremy Ct Lincoln Park, NJ 07035	Writer	AU Guys Band, Newsletter and rips & Tours	H: 973-406-7558 C: 973-692-5486 Email: fredcicetti@yahoo.com

The deadline for November newsletter articles is 5PM October 25, 2015. When submitting articles please use font: Times New Roman 11 pt. (not bold).

Email: lguarneri03@gmail.com

Or mail to: Lou Guarneri

128 MacLeish Court

Mahwah, NJ 07430

BOOK CLUB

Books for October:

- * LIBERTY'S FIRST CRISIS - Charles Slack
- * OUR SOULS AT NIGHT - Kent Haruf
- * ONCE UPON A TIME IN RUSSIA - Ben Mezrich

For this meeting, we asked that members submit recommendations that we could use to formulate a "master list" from which we can draw on during the new book club year. We came up with 23 books.

Books for November:

- * THE WRIGHT BROTHERS - David McCullough
- * THE LIMITS OF POWER - Andrew Bacevich
- * THE BOOK OF ARON - Jim Shepard

Our next meeting will be October 14 at the Larkin House (380 Godwin Ave, Wyckoff). We welcome new members. Don't be dissuaded by the listing of three books a month. We don't expect members to read all three. The reason we list three is to provide a greater variety from which to choose. We hope that members would find at least one book from these three that would appeal to them.

Joe Clinton

bhagan185@aol.com

OBITUARY

Gloria Fisher, wife of **Hank Fisher** passed away on September 13, 2015

BRIDGE LESSONS

The AU bridge club will commence offering refresher bridge lessons to those who have not played in some time or would like to brush up their game. The lessons will start at 12:15 p.m. on Monday, October 5th upstairs at WRC.

We would also welcome anyone who has never played this exciting game. For more information call:

Dick Freimuth at (201-847-0415) or email freimuth1@verizon.net

AU's Wine Tasting Party

On Thursday, Sept 17, 2015, AU held its annual Wine Tasting Party and as usual everyone had a good time with plenty of food and of course wine.

To view photos of the affair check out AU's website at:

www.activitiesunlimited.org

Science Club

Thank you **Walt Widmer** for your talk on Infectious diseases at the September meeting. Your review of the history of the diseases, showed how science has improved the 'human condition' to where we are fortunately to be living the best state of health mankind has ever been in. Basic hygiene (washing hands) remains extremely important.

Thanks to all who helped this past year with our activities, making presentations, arranging trips, setting up A/V equipment, making announcements at General Meetings, and keeping records. We typically had an attendance 25 at the meetings.

For the remainder of the year, we have Dr. Cauchard returning to update us on the most important concern of our Eye Care (Tuesday October 20). Unfortunately, Dr Althesuer had to cancel her talk Aneurisms and Strokes scheduled for December (we are trying to reschedule for the spring). If there is sufficient interest, we could arrange a return trip to the Museum of in Natural History NY in early November. We had a very successful visit by Car Pool last year.

A questionnaire was provided at the meeting to indicate preferences for future activities and suggestions for improvement etc. Previously the idea of employing DVDs, with supplemental material by the speaker, was agreed to be probably the best method to reduce effort and obtain additional volunteers from our group. Also, we should consider two short talks at a meeting.

Finally, thank you to our Co-Chairmen, Ed Schlachman and Bob Talan, as well as Don Fairbairn who has done our Attendance Records and Member contacts.

Jack Yurasek (201-337-4433) Email--JYURASEK@AOL.COM

Trips, Tours & Special Events Calendar

Tuesday, October, 20, 2015 — “Memories of the Meadowbrook” — Stoney Hill Inn, Hackensack

This is a musical trip down memory lane when Frank Dailey’s Meadowbrook in Cedar Grove hosted all the big bands (Glen Miller, Tommy Dorsey, Benny Goodman, etc..) in the 40’s and 50’s. Joe Zisa will provide the music for your listening and dancing pleasure. Dan Yates will serenade you with songs from Damn Yankees, Man of La Mancha, Hello Dolly and other great shows. A family style luncheon includes all food, 2 drinks, soda and gratuities. Show starts at **11:00 am** and ends 3:00 pm; driving instruction will be given out prior to the event. **Your check for \$45.00 per person should be made payable to Activities Unlimited and sent directly to: Don Wasson, 14 Appert Terrace, Mahwah, NJ 07430 (201-891-1873) Please using the form on page 7, send your check in ASAP to guarantee your reservation.**

Tuesday, November 17, 2015 — Murder Mystery — Brownstone, Paterson

A day of dining, dancing and "MURDER at the DISCO". Audience participation? Lunch includes: 2 Comp Drinks, Sal-ad, Ziti, Choice of Roast Beef, Roast Chicken, Potatoes, Veggies, Dessert, Coffee, Tea and Soda. 11:30 - 3:00. **Your check for \$44.00 per person should be made payable to Activities Unlimited and sent directly to: Dick Botta 413-D Bromley Place, Wyckoff, NJ 07481. 201-848-9001.**

Sunday, December 6, 2015 — West Point Christmas Concert

Concert starts at 1:30 PM preceded by Thayer Hotel Champagne Brunch at 10:30 AM in Main Dining Room. Bus Transportation from vicinity of WRC (details to follow). Cost is \$65. per person. We are limited to 45 participants, prompt payment secures participation. There will be no phone reservations. Send your check for \$65.00 per person payable to Activities Unlimited to: **Dick Botta, 413D Bromley Place, Wyckoff, NJ 07481.**

Monday, December 21, 2015 — AU Christmas Party

An email will be sent as soon as the details are finalized. Check the **November** newsletter for complete details.

2016

THURSDAY, JANUARY 22, 2016 ----Lunch at Savini’s

Come join us for an afternoon of good food and fellowship. A four course lunch will be served with pasta, soup or salad, choice of veal, chicken or fish, desert, coffee, tea and soda. A cash bar is available. Cost is \$27.00 pp Rain/Snow date is January 29, 2016. Wives are invited. Checks for \$27.00 pp should be made payable to Activities Unlimited and sent to: **Dick Freimuth, 413A Bromley Place, Wyckoff, N.J. 07481. Phone is 2012-847-0415**

Friday, April 22-25, 2016 — 4 Day Trip To Virginia Beach

Group Tours is conducting this trip featuring Military Tattoo Bands in Norfolk. Tour includes VIP seating for the Military Tattoo Performance in the Scopes Arena – reserved seats for the 63rd Annual Parade of Nations – Norfolk Botanical Gardens — tour of the battleship Wisconsin — The General Douglas MacArthur Memorial – National Museum of The Marine Corp — Virginia International Tattoo American Pipe Band Championship. Includes: 3 nights with oceanfront rooms at The Hampton Inn – All breakfasts- two lunches- one dinner. \$865.00 pp double & \$1135 single. Detailed flier available at the monthly meeting or call or e-mail: **Dick Freimuth 201-847-0415 or freimuth1@verizon.net.**

